

Student ID: _____
Student Name: _____
Adviser Name: _____

Catalog: 2023-2024 Undergraduate Catalog
Program: Wellness Studies, B.S
Minimum Credits Required: _____

Wellness Studies, B.S

The 122 credit hour Wellness Studies degree is designed for students who have completed a minimum of two semesters in the nursing program and choose to change majors. These students have developed significant skills and have had exposure to the health care environment including wellness and disease and how to manage patients in such an environment. This major allows students entry into a wide variety of health related careers and provides a foundation for progression into graduate and/or certificates in other healthcare related programs.

Core Curriculum: 38 - 51 credit hours

Please review the Core Curriculum page for course options.

Required Core Courses

Wellness Studies majors must take the following Liberal Arts core requirements:

Liberal Arts, Mathematics

- MA 115 Applications of College Mathematics (3) or
- MA 120 College Algebra (3)

Liberal Arts, Natural Science with Lab

- BI 111 General Biology: Cells & Genes (4) or
- BI 112 General Biology: Ecology & Evolution (4)

Liberal Arts, Philosophy

- PL 255 Ethics (3)

Liberal Arts, Social Science

- PY 101 General Psychology (3)

Core Designations

Wellness Studies majors will meet the 6-credit hours of Global Studies or Community Engagement by the following courses:

Global Studies

- NU 484 Population Based Health Concepts (3)

Community Engagement

- NU 481 Practicum II (4)

Wellness Studies Requirements (66 - 68 credit hours)

All pre-requisite courses must be taken. At least 30 credit hours must be from the NU designated courses listed below. The remaining 10 credit hours may be selected from the remaining NU courses below or a variety of pre-approved courses by the department.

Course Name	Term Taken	Grade	Gen Ed
Pre-Requisite Courses			
BI 152 - General Microbiology (4)			
BI 220 - Human Anatomy & Physiology (6-8)			
CH 131 - Principles of Chemistry (4) or			
CH 135 - General Chemistry I (4)			
PY 208 - Lifespan Development (3)			
EC 240 - Statistical Analysis (3)			
MA 155 - Elementary Probability & Statistics (3)			
SO 230 - Social Statistics (3)			
Choose One of the Following:			
SO 101 - Introduction to Sociology (3)			
SW 205 - Social Problems/Social Change (3)			
SW 225 - Introduction to Social Work/Social Welfare (3)			
Nursing Courses			

NU 111 - Nutrition (3)			
NU 425 - Foundations of Health & Illness Concepts I (5)			
NU 450 - Development of the Professional Nurse I (3)			
NU 452 - Nursing Pharmacology (3)			
NU 453 - Health Assessment (3)			
NU 458 - Practicum 1 (4)			
NU 459 - Health & Illness Concepts II (3)			
NU 466 - Gerontological Nursing (2)			
NU 470 - Development of the Professional Nurse II (3)			
NU 471 - Women & Children Health & Illness Concepts (4)			
NU 473 - Psychosocial Nursing Concepts (3)			
NU 476 - Foundations of Evidence Based Nursing Care (3)			
NU 482 - Health & Illness Concepts III (3)			
NU 485 - High Acuity Nursing Concepts (2)			
NU 488 - Practicum III (2)			
NU 492 - Options in Health Related Careers (1-3)			

Electives (minimum of 8 credit hours)

Technology Requirement

Computer competency will be demonstrated by successful completion of NU 450 and NU 458 with a “C” grade or better within the major.

Wellness Studies Program

Admission Information

1. The Avila University School of Nursing is committed to non-discrimination and equal opportunity in its admission process.
2. Upon attainment of the sophomore status (or the academic year prior to entering the nursing major) written application by the student to the School of Nursing is to be submitted by the date published on the nursing website. Applications submitted after this date will be considered on a space available basis.
3. Students must complete all prerequisites to the major. Transfer prerequisite courses must be approved by the university and the School of Nursing. Courses in science and ethics taken more than ten years ago must be repeated.
4. Written notification of acceptance of admission to the nursing major from the School of Nursing is required.

Criteria for Admission Consideration

- Minimum cumulative grade point average of 2.8.
- Obtain a “C” or above in all prerequisite courses. These courses may be repeated only once.
- Completion of prerequisite courses prior to beginning nursing courses.
- Achieve a level of “proficient” or above on the TEAS test (TEAS can be repeated one time and must be taken within 12 months of the time of application to the School of Nursing).
- Completion of the Avila University and School of Nursing admission processes. Refer to <https://www.avila.edu/academics/schools-colleges/school-of-nursing/admission-1>.

Additional consideration given to the following

- Overall GPA.
- Number of credit hours taken at Avila University.
- On campus interview and/or essay.
- Academic history with patterns and trends indicating potential for academic success (e.g., successful completion of a full-time semester).
- Eligibility for licensure. Refer to the Nurse Practice Act in the state in which you anticipate licensure. In Missouri, refer to <http://pr.mo.gov/nursing-rules-statutes.asp>.

Direct-Entry Admission

High school seniors admitted to Avila may secure a place in the nursing program by meeting, at a minimum, the following criteria:

24 ACT Composite

24 ACT Science sub-score

3.0 cumulative high school GPA (on a 4.0 scale) or its equivalent

To maintain Direct-Entry status, you must have a cumulative GPA of 3.25 or higher when beginning the Nursing program and all other criteria for admission must be met.

If no ACT score is available, a minimum SAT score (CR+M) of 1090 and review of high school science courses will be required.

Guaranteed Admission

Students who complete their first and second year coursework at Avila with a cumulative GPA of 3.25 or higher when beginning the nursing program and TEAS results of “Proficient” or above at the time of application to the nursing program will have admission granted provided that all other criteria for admission are met and all other additional considerations are satisfactory.

Post Baccalaureate

Cumulative GPAs of applicants who have already earned an undergraduate degree will be calculated on completed coursework that is required for the nursing major.

Previous Nursing Enrollment

A student seeking admission who has prior enrollment in another nursing program will only be considered for admission if the student has a minimum cumulative GPA of 2.8 in nursing courses and has been enrolled in a nursing program within one year of anticipated enrollment in nursing at Avila University. Students will not be considered for admission if they have received a grade of “D,” “F,” or “W/F” (withdraw/failing) in any previous nursing program. Upper division coursework must be taken at accredited (regional and professional) four-year universities.

A student seeking an exception to nursing admission criteria must submit a letter of petition to the coordinator of the School of Nursing Admissions Committee.

Outcomes

In addition to general degree requirements stated earlier in this university catalog, nursing majors are expected to meet the following program outcomes:

Outcome 1.

Select and use effective and facilitative communication techniques to deliver evidence-based patient-centered care with emphasis on patient safety and positive professional working relationships (all nursing courses).

Outcome 2.

Perform professional role competencies with an emphasis on the roles of provider of care, designer/manager/coordinator of care, and member of the interprofessional team (all nursing courses).

Outcome 3.

Integrate clinical reasoning and evidence-based decision making to deliver patient-centered care in a changing practice environment (all nursing courses).

Outcome 4.

Demonstrate personal knowing, spirituality, and cultural humility in socially and globally responsible healthcare (all nursing courses).

Assessment

Assessment activities occur throughout, at the end of the nursing curriculum, and post-graduation. Assessment early in the nursing curriculum can provide the faculty a baseline from which to evaluate curricular impact on outcomes. Formative assessments (conducted throughout the program) identify areas of strength and weakness and provide opportunities for focused student attention. Summative assessment activities completed by students may include such things as course assignments or surveys. Post-graduation outcome assessments help to evaluate such things as graduate satisfaction and success on the nursing licensure examination.

Note

Additional information on policies may be found in the Student Nursing Handbook available upon admission to the program. Students may submit a written petition with rationale to the School of Nursing for special exception to the above policies. The nursing faculty will have the right to accept or reject this petition.

Students must provide their own transportation to clinical experiences when enrolled in nursing courses. A program fee will be charged for each semester of the nursing major.

Notes: