# Psychology, B.A.

The 120 credit hour Bachelor of Arts degree in Psychology major teaches students to approach behavior at the individual, family, and systems levels through coursework, research, and field experiences. Psychology is the scientific study of thoughts, feelings, and behaviors. Students choose one of three concentrations.

### Core Curriculum: 38 - 51 credit hours

Please review the Core Curriculum page for course options.

### **Required Core Courses**

Psychology majors must take the following liberal arts core courses regardless of whether the core is otherwise met:

#### Liberal Arts, Mathematics

• MA 155 Elementary Probability & Statistics (3) recommended

#### Liberal Arts, Social Science

• PY 101 General Psychology (3)

### **Core Designations**

Psychology majors will meet 3-hours of Community Engagement in PY 485 and 3-hours of Interdisciplinary Studies requirements in IS 350.

# Psychology Core Requirements (27 - 30 credit hours)

Course Name	Term Taken	Grade	Gen Ed
EN 112 - Composition II: Rhetorical Argument (3) (unless taken for Core credit)			
PY 208 - Lifespan Development (3)			
PY 216 - Social Psychology (3)			
PY 224 - Psychology of Communication (3)			
PY 261 - Psychological Statistics & Methods I (3)			
PY 262 - Psychological Statistics & Methods II (3)			
PY 371 - Cognitive Psychology (3)			
PY 425 - Senior Seminar in Psychology (3)			
• One upper division PY elective courses (3)			
Choose One of the Following:			
PY 102 - Orientation Seminar in Psychology (3)			
CO 212 - Conflict Resolution (3)			

# **Psychology Concentrations**

Students must choose one of the following concentrations to complete their degree.

# General Psychology Concentration (15 credit hours)

	Course Name	Term Taken	Grade	Gen Ed
	PY 485 - Field Experience in Psychology (3)			
ſ	• 12 credit hours of Psychology Electives, with at least 6 credit hours 300 level or higher			

## Cognitive Science Concentration (17-20 credit hours)

Course Name	Term Tak	en Grade	Gen Ed
IS 301 - Minds (3)			
IS 350 - Behavior & the Brain (3)			
PY 297 - Research Experience I (1) (2 credit hours) or			
PY 497 - Research Experience II (1) (2 credit hours)			
Choose one option:			
EN 213 - Writing with Style (3)			
EN 350 - Rhetorical Theory (3)			

PL 113 - Critical Reasoning (3)		
PL 224 - Robots, Machines, & Humans (3)		
Choose one option:		
CG 499 - Readings in Cognitive Science (3) and		
PY 485 - Field Experience in Psychology (3)		
or		
PY 498 - Senior Thesis (3)		
PY 498 must be taken twice		

### Mental Health Concentration (15 credit hours)

Course Name	Term Take	n Grade	Gen Ed
IS 350 - Behavior & the Brain (3)			
PY 201 - Personality Psychology (3)			
PY 210 - Abnormal Psychology (3)			
Choose One of the Following:			
PY 332 - Health Psychology (3)			
PY 383 - The Psychology of Substance Use and Disorders (3)			
PY 485 - Field Experience in Psychology (3)			

### **Research Concentration (11 credit hours)**

Course Name	Term Taken	Grade	Gen Ed
IS 350 - Behavior & the Brain (3)			
PY 297 - Research Experience I (1) (2 credit hours) or			
PY 497 - Research Experience II (1) (2 credit hours)			
PY 498 - Senior Thesis (3)			
PY 498 must be taken twice			

## Electives (minimum of 32 credit hours)

# **Technology Requirement**

Computer competency will be deomonstrated by successful completion of PY 262 within the major.

# Psychology (BA)

Psychology is the scientific study of thoughts, feelings, and behaviors. Avila psychology majors learn to approach behavior at individual, family, and systems levels through coursework, research, and field experiences.

By developing a combination of interpersonal, analytic, research, and writing skills, psychology majors are in demand for a wide variety of occupations. Avila offers three areas of concentration, each designed to prepare students for their future goals:

- 1. Mental Health Concentration Designed for students interested in a liberal arts bachelor's degree, who would like to better understand normal and abnormal human behavior. Students in this concentration typically find employment that utilizes their psychology skills, enter master's level psychology or counseling programs, or enter other graduate programs in areas such as law, medicine, occupational therapy, or business.
- 2. Research Concentration Designed for students interested in pursuing a doctorate in psychology and/or a career in research. Students must apply for acceptance into the research concentration after completing PY 261 and PY 262. Minimal requirements for acceptance into the research concentration include: (a) completion of six hours of coursework at Avila, (b) a 3.25 cumulative grade point average, (c) a "B" grade or better in PY 261 and PY 262, and (d) recommendation of their advisor.
- 3. General Concentration Designed for students interested in a flexible degree program.

The Psychology Club and Psi Chi (Psychology Honor Society) support extracurricular activities, collaborative learning projects, and volunteer opportunities.

#### **Outcomes**

In addition to the general degree requirements, psychology majors must meet departmental learning outcomes aligned with five major areas identified in the American Psychological Association Guidelines for the Undergraduate Psychology Major (Version 2.0).

#### Outcome 1. Knowledge Base in Psychology

Students should demonstrate fundamental knowledge and comprehension of major concepts, theories, historical trends, and empirical findings to discuss how psychological principles apply to behavioral problems.

### Outcome 2. Scientific Inquiry and Critical Thinking

Students should develop scientific reasoning and problem solving, including effective research methods.

#### Outcome 3. Ethical and Social Responsibility in a Diverse World

Students will apply psychological principles to communicate and interact effectively with members of diverse groups in various contexts. Students should develop ethically and socially responsible behaviors for professional and personal settings.

#### **Outcome 4. Communication**

Students should demonstrate competence in writing and in oral and interpersonal communication skills.

### Outcome 5. Professional Development

Students should develop psychology-specific content and skills, effective self-reflection, teamwork skills, and career preparation.

#### Assessment

The outcomes for the psychology major are assessed through a combination of: (1) written and performance examinations and assignments as specified in the course syllabi; (2) self, instructor, practicum supervisor, and psychology faculty evaluations; and (3) completed projects assigned throughout the program.

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