TALON

77th Issue

THE FRESHMEN 15?
PG. 20

DO YOU STILL CHEAT? PG. 10

KEEP HOLD OF YOUR ID PG. 14

50 DOLLAR ITUNES GIFT CARD PG. 19

REAL TALK

CJ SLAUGHTER
PHOTO TAKEN BY COLBI HOWSER
I take selfies...

To answer the question everyone seems to ask...yes, we all including myself take selfies, including guys. Guys if you think I’m lying then think about it next time you Snapchat that girl in your Bio class. Just saying.

Anyways...nowadays, if you have a question the answer is a click away. Technology has brought us quick satisfaction to anything we ponder in life, like what will the weather be tonight or what was the final score of the game?

We all ask questions everyday...and in these next few pages we plan to answer those questions that technology can’t seem to find the answer to.

Until we meet again...

Colbi Howser
Editorial Policy
The Talon News Magazine is produced by students of Avila University. Opinions expressed are those of the writers and do not necessarily reflect those of the Talon News Staff, the Trustees, administration, faculty, or staff of the University.

The Talon News Magazine encourages letters to the editor. These may be submitted electronically or in writing and should include the writer’s name, address, and telephone numbers for verification purposes.

Letters can be mailed to the Talon News Magazine Editor, Avila University, 11901 Wornall Road, Kansas City, MO 64145. The Talon reserves the right to edit letters for reasons of space, clarity, or inappropriate language. Copies of the Talon News Network Operational Guidelines may be requested by writing to the above referenced address.
BEING A FIRST YEAR STUDENT, IT IS DIFFICULT TO CATCH ON TO THE SWING OF THINGS. FINDING FRIENDS, LOCATING YOUR CLASSES, OR EVEN GETTING A BITE TO EAT. NOT ONLY THAT BUT WHAT ABOUT HOW YOU ARE GOING TO MAKE SOME MONEY WHILE YOU ARE ON CAMPUS?

WELL I AM GOING TO TRY AND ASSIST WITH THAT. THERE ARE NUMEROUS OPTIONS FOR WAYS TO MAKE MONEY ON CAMPUS. FIRST OPTION IS TO CHECK WITH THE FINANCIAL AID OFFICE TO SEE IF YOU QUALIFY FOR WORK STUDY. NOT ONLY DOES WORK STUDY ALLOW YOU A FORM OF INCOME, YOU CAN WORK IN DIFFERENT DEPARTMENTS AROUND CAMPUS. SO IF YOU ARE AN ART MAJOR YOU COULD DO SOME WORK STUDY IN DALLAVIS OR THE ART GALLERY. OR LET’S SAY YOU ARE REALLY GOOD IN ACADEMICS, YOU COULD TUTOR ON CAMPUS. TUTORING SERVICES OFFER A WIDE RANGE OF TUTORS IN EVERY SUBJECT IMAGINABLE! SO YOU COULD EASILY GET PAID FOR YOUR INTELLIGENCE. AVILA ALSO IS THE HOME TO A BRANCH OF UPWARD BOUND AND YOU CAN TUTOR AT SOME LOCAL HIGH SCHOOLS A FEW HOURS A WEEK. ANOTHER GREAT OPTION IS TO WORK AT SUBWAY ON CAMPUS. IF YOU STAY ON CAMPUS AND WANT TO WALK TO WORK INSTEAD OF DRIVING SOMEWHERE, THIS IS AN EXCELLENT OPTION! ONE LAST, BUT NOT FINAL OPTION IS GOING TO THE CAREER SERVICES OFFICE. YOU CAN SEE IF THEY CAN ASSIST YOU IN JOB PLACEMENT. THERE IS ALSO A WEBSITE YOU CAN GO TO TO VIEW SOME OF THOSE JOBS AS WELL! THERE ARE ALSO ALL SORTS OF RESOURCES TO HELP WITH RESUMES AND INTERVIEW PREP!

SO IF YOU ARE IN NEED OF SOME MONEY AND HAVE NO IDEA WHAT TO DO. HAVE NO FEAR AVILA UNIVERSITY HAS JOBS FAR AND NEAR!
In honor of Presidents Day...the Talon editorial team shares their top five presidents of all time

CJ Slaughter
1. ABRAHAM LINCOLN
2. JOHN F. KENNEDY
3. BARRACK OBAMA
4. FRANKLIN D. ROOSEVELT
5. LYNDON B. JOHNSON

Colbi Howser
1. ABRAHAM LINCOLN
2. JOHN F. KENNEDY
3. HARRY S TRUMAN
4. RONALD REAGAN
5. THEODORE ROOSEVELT

Casey Lee
1. GEORGE WASHINGTON
2. JOHN F. KENNEDY
3. JAMES MADISON
4. THEODORE ROOSEVELT
5. GEORGE W. BUSH

For more in depth on our choices check out our Talon YouTube page!
You're about to finish high school and you're considering going to Avila University, so you arrange a tour. The campus is nice, a bit smaller than you were expecting, but it's refreshing. Then your guide turns to you and says, "Have you seen our tunnels?" You get confused and think to yourself, "Your what!?" Next thing you know you're walking around under the school in the somewhat intimidating, yet eerily enchanting tunnels.

They may seem confusing at first, but navigating through them is fairly simple. The West Tunnel connects Blasco Hall, O’rielly Hall, and the Whitfield Center. The East Tunnel connects the Marian Center, Hodes Hall, and Dallas Center. However, while the tunnels are extremely useful, many students agree that it would be better if the two tunnels eventually connected.

"The two tunnels don’t connect to each other," Gracyn Reed, freshman, said, "you can’t go from one tunnel to the other tunnel."
However, there’s not much to complain about. Avila University’s campus is 50 acres. That’s less than a square mile. To put that into perspective, the University of Kansas is over 1,000 acres. So, while we all complain about walking across campus when it’s cold, it’s nothing compared to other universities. However, the tunnels come in handy when the weather is bad. Especially when Missouri decides to have brutal winters with low wind chill’s.

‘I use them quite frequently,’ sophomore Joy Branch said, ‘when it’s cold, or raining!’

If you don’t know much about the tunnels, they can be confusing and after taking them, you may think you’re headed towards one building, and end up on the other side of campus. Don’t worry though...the tunnels have arrows. And as a last resort you could always just turn around. Whatever the case may be, I’m sure many students can recall the first time they stumbled upon them.

‘The first time was by accident,’ Branch said, ‘I hit the ground floor on the elevators in the dorms and I thought they went to the first floor but they actually went underground. I had no idea where I was and then I figured out they were tunnels.’

Casey Lee
Getting involved
AVILA’S STUDENT ORGANIZATIONS

At Avila University, we have almost fifty organizations and most of the students only know a few of them. Even though those organizations are active around campus, students still don’t pay attention to them.

The importance of joining an organization is that organizations are a valued reason to succeed in college and prepare students for future life for several reasons. First, it is a way for students to follow their passion or hobby with people who share the common interest or reason to join that specific organization. For example, if student loves theater he can join Avila University Theatre Company and be more skilled and developed in acting and theater life.

Second, organizations can help the students to manage their time. Students who join an organization that he likes will manage his time and schedule to work perfect with the time of his organization events. They feel the responsibility of time that prepare them to career world tomorrow. For example, Students Today, Alumni Tomorrow (STAT), is an organization whose focus is to promote life-long beneficial relationships between Avila’s students, alumni, staff, and faculty.

Third, one of the biggest advantages of organizations is friendship. Many students are shy about talking to others or they don’t how to make friends; especially, international students. Organizations are the bridge to be heard and seen around campus. There is an organization in Avila called International Student Organization (ISO), one of the main focuses is to build a relationship between an American student and an international student where both of them are going to be benefited culturally and linguistically.

Finally, there are many reasons why one should join a student organization. Some help you with careers, some help you with social skills, and some help you with personality development, so what are waiting for go and join the organization you like!

Abdullah Alshaddi

For a full list of Avila’s organizations go to...
http://www.avila.edu/campuslife/organizations.asp
SODA

Sexual orientation diversity alliance

This organization is established for students, faculty, and staff, to encourage understanding of the complexities, dangers, and pervasiveness of homophobia and heterosexism.

BSU

Black student union

This organization is not for black students only, but it is for all diversities here at Avila community to share the black history and heritage with other ethnicities.

NSLS

National society of leadership and success

This organization's mission is to help students build leadership skills essential for academic and professional success.

ISO

Student organization fair
The big buzz going around campus was about the Patriots cheating on the football game that put them in the Super Bowl. So I talked to some athletes’ to see if they ever thought about cheating to win a game. Hanna Long a junior plays post position on the women basketball team says, “No, there is no need to cheat”. So what about scouting and watching film do you believe that is a form of cheating? ‘Not really, every sport does it to know what they are up against from the other team and to know how to defend them.

Yeah I have to give it to Hanna that is very true, but to some of the volleyball girls, they might have a different option. Stesha Crosby and Kesha Nietfeld both juniors here at Avila say, ‘Yes, I have thought about cheating but who hasn’t,’ Stesha said. Then Kesha told me, ‘When you know you touched the net but the ref didn’t catch it and gives us the point. I’m not going to say anything’. And Stesha agreed. Then I asked the girls did they believe that scouting or watching film was cheating? ‘No, that’s free stuff;’ Stesha said, Kesha agreed.

So maybe the Patriots didn’t cheat they just didn’t say anything when the refs checked the ball and they won. Avila what do you think???
How to Cure Your Hangover

CJ SLAUGHTER
TALON TV EDITOR IN CHIEF

“POST-GAMING, MEANING THE BEST WAY TO BEAT A HANGOVER IS TO PUT SOME GREASE AND LIQUIDS IN YOUR STOMACH PRIOR TO SLEEPING. EASIEST HANGOVERS TO CURE ARE THE ONES THAT YOU DON’T HAVE.”

COLBI HOWSER
EDITOR AND CHIEF

“FOR ME IT’S EATING A GOOD MEAL BEFORE HAND AND THEN DRINKING WATER THROUGH THE NIGHT. I DON’T THINK THE WHOLE GATORADE TRICK WORKS FOR ME, SO I STICK WITH WATER.”

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CLEVELAND CHIROPRACTIC COLLEGE
Kansas City

1-800-467-CCKC
KEEPING TO YOURSELF WHEN AROUND A HUGE CROWD, LISTENING TO MUSIC WHEN WALKING OR LOCKED IN YOUR ROOM WHILE IT OOZES OUT YOUR SPEAKERS, YOUR PHONE IS GLUED TO YOUR HAND BECAUSE YOU ACTUALLY HAVE A COOL PERSONALITY IF GIVEN THE OPPORTUNITY TO SHOWCASE IT... WHEN YOU FEEL LIKE IT. YOU LAUGH AT YOUR OWN JOKES IN YOUR HEAD AND INSIDERS. IF YOU CAN RELATE TO ANY OF THESE THINGS, YOU, MY FRIEND, ARE A LONER! DON’T BE ASHAMED, THOUGH, BECAUSE I TOO AM A LONER.

IN ALL SERIOUSNESS, LIVING THE LONER LIFE CAN BE, WELL, LONELY. IT’S ALSO A HARD COMFORTABILITY TO GROW OUT OF. SO WHAT DO YOU DO WHEN YOU’RE A LONER BUT ALSO A COLLEGE STUDENT WANTING TO LIVE THE COLLEGE EXPERIENCE? LET ME HELP YOU OUT WITH A SURVIVAL GUIDE FOR SUCH A CONTRADICTING SITUATION...HERE WE GO!
1. Classmates
Best way to be social and not feel out of your comfort zone is by making friends within your classes. Odds are, you guys can work together on assignments and may even have the same major/interests.

2. School Functions
Go to events and activities the school holds. The worst-case scenario is making a new friend with a faculty member!

3. Fix Yo Face
If you’re like me, you walk around with the Kanye face cause well, Yeezy taught me! Try looking approachable. No one wants to befriend the kid with the “I hate life” face.

4. Club Life
Join a club. This one’s pretty self-explanatory. Do what you find interest in or are curious about and you’re guaranteed to make friends interested in things just like you.

5. Simmer Down
Don’t try too hard! No one wants to be associated with the weird kid who joins in on conversation they weren’t invited in or welcomes a stranger who randomly sits with them and their group of friends at the lunch table in the caf! Find a common interest with them, push comes to shove, give a compliment and go from there. But don’t be awkward.
THE RACE EXPERIENCE

Avila University
Marian Center

February 23 - 27
9am to 4pm daily
FROM OUR EDITORIAL TEAM TO YOU...OUR TOP 5 SONGS THAT BEST DESCRIBE OUR LIVES.
LET US KNOW THE SONGS THAT DESCRIBE YOU ON OUR FACEBOOK PAGE!

CASEY LEE
1. TAYLOR SWIFT, BLANK SPACE
2. SAM HUNT, LEAVE THE NIGHT ON
3. LEE DEWYZE, SWEET SERENDIPITY
4. JOHN MAYER, THE HEART OF LIFE
5. JOHN MAYER, SLOW DANCING N A BURNING

CJ SLAUGHTER
1. LUPE FIASCO FEAT. JENNIFER HUDSON & COMMON, REMISSION
2. TALIB KWELI, GET BY
3. BILL CONTI, GOING THE DISTANCE
4. KID CUDI, HEART OF A LION
5. YO GOTTI, SWEET DREAMS

COLBI HOWSER
1. JUSTIN TIMBERLAKE, DRINK YOU AWAY
2. BEYONCE, BEST THING I NEVER HAD
3. MAROON 5, SUNDAY MORNING
4. MATCHBOX 20, LONG DAY
5. TAYLOR SWIFT, STYLE
It's now February and another semester at school has begun. After tuition, books, and a value size pack of Ramen Noodles, you are looking for as many ways to save money as you can. This, my dear comrades, is for you.

Did you know that you could actually save a lot of money with that Student I.D. Card? Yes, it's true!

Its purpose goes far beyond simply gaining you access to the Mac-Lab or eating in the questionable CAF. Here are the top 25 places that you can receive a much needed discount this semester:

Computers and Software
Apple: Save $50 - $200 on iPads, iMacs, and MacBooks.
Microsoft: Save 10% on software and Surface Pro, Pro 2, and Pro 3 models.
Adobe: Save up to 80% on student discounted software.
Corel: Students and teachers can save up to 95% on the retail valued software.
Ableton: Save 40% on software.
CLOTHING:
LEVI’S: REGISTER WITH UNIDAYS AND RECEIVE 15% OFF THE ONLINE STORE.
MADEWELL: SAVE 15% ON ALL PRODUCTS IN STORE.
BANANA REPUBLIC: BOTH STUDENTS AND TEACHERS SAVE 15% STOREWIDE.
TOMS: STUDENTS RECEIVE FREE SHIPPING ON ALL ONLINE ORDERS.
H&M: SAVE 15% ON ALL PRODUCTS IN STORE.
URBAN OUTFITTERS: SIGN UP FOR URBAN’S STUDENT PROGRAM AND RECEIVE 10% OFF ON SPECIFIC DAYS.
THE LIMITED: SAVE 15% ON ALL PRODUCTS STOREWIDE.
GOODWILL: KNOCK OFF 10% ON ALL PRODUCTS IN STORE.
JOANN’S: SAVE 10% ON ALL PRODUCTS STOREWIDE.

RESTAURANTS
CHIPOTLE: RECEIVE A FREE DRINK WITH YOUR PURCHASE.
BUFFALO WILD WINGS: SAVE 10% ON YOUR TOTAL BILL.
CHICK-FIL-A: YET ANOTHER FREE DRINK WITH YOUR PURCHASE.

ENTERTAINMENT
AMC THEATRES: ON THURSDAY NIGHTS, STUDENTS RECEIVE DISCOUNTED TICKETS.
AMAZON PRIME: JOIN ‘AMAZON STUDENT’ FOR $49 DOLLARS A YEAR (REGULARLY $99) AND GET FREE 2-DAY SHIPPING ON AMAZON, A FREE SELECTION OF KINDLE BOOKS, AND FREE UNLIMITED STREAMING OF OVER 41,000 TV SHOWS AND MOVIES.
24-HOUR FITNESS: STUDENTS QUALIFY FOR A DISCOUNTED MEMBERSHIP.

ZACH MIZE
50% of college students graduate without a job

Don’t become a worthless college STATistic.

Contact Bailey Carr to join NOW and don’t become a jobless college graduate STATistic!

Bailey Carr: Alumni Office
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HOW DOES SHE DO IT?
JUGGLING BETWEEN MOTHERHOOD AND STUDENT

How do moms do it? It is an age old question that everyone wants to know. This day and age they are not only juggling kids, work, and home, but they have added on school to their many plates. What makes them do it (go to school) after having kids?

I talked to Sydney Rowley a junior her at Avila and a mom of one and six months pregnant with another. “I just wanted to finish my degree. Yes, sometimes it can be hard because I am still expected to do ‘mom duties’ at home. Though I wouldn’t change it for anything”.

I would have to agree seeing that I am a mom myself of 3. Then I talked to Tela Beaver a senior and mom of 5. She had this to say, ‘I came back to school because I was tired of my home cleaning business and wanted a career. After I come home from school or work they expect me to cook, clean, and do laundry. When that is done I still have homework and things for school to complete. It’s stressful so I end up dropping one thing or another; then I feel guilty and frustrated at the same time. Though frustrating I am trying to be a role model for the older kids so they can see what it takes to continue your education”.

Photo Credit Johnetta Cox
WHERE’S MY MONEY??
HOW TO GET AS MUCH MONEY FROM THE FAFSA AS POSSIBLE...

When referring to common questions Avila students ask, they can usually be put into multiple categories. For example, categories such as living on campus, choosing a major, athletics, or even theater. All of these categories could lead to multiple questions from multiple people. These all have greater or less importance, depending on who the person is and what their interests are. But something that everyone could agree is important, is figuring out how to pay for school.

Because college is so expensive, it seems as if everything costs money. Money, which most students don’t have, so having financial aid can be helpful. A majority of students are using some form of financial aid but others may not know much about it. Some students still have a lot of questions regarding their options on how to pay for school.

According to a financial aid advisor at Avila, Lauren Martin, students usually ask the same types of questions. For example, “when do I get my refund check?” This is apparently asked all the time. Martin answers, “2 weeks after [they have] started half time as a student.” This means a student has gone to class for two weeks of their sixth hour course for an undergrad, and 3 hour course for a graduate.

Another question Martin says is commonly asked is, “how can I get more aid?” For this question there are multiple solutions. There is a parent plus loan, graduate plus loan, scholarships, and several other alternative loan options that have been recommended on the FAFSA website.
So after a student has decided on what kind of load they want to apply for they may wonder, "When should I do my FAFSA?" Martin responds, "As soon as possible". January first is probably a good time to do this. After deciding on a loan type and applying for FAFSA, how long will it take to process? It usually takes, "two or three business days," Martin said. It doesn’t take too long to process after deciding on a loan plan and doing the FAFSA process.

Some students may think, "I don’t have time for that," or, "I don’t know what I’m doing," but there are people available in the financial aid office to provide help and answer any questions. It is all worth it in the end to feel financially covered for school and all of the costs that come with it, whether living on campus or commuting. Help is always available for people who want financial aid or have any questions.

Brittany Gooden

Photo credit Brittany Gooden
WITH SPRING BREAK RIGHT AROUND THE CORNER FOR US AVILA STUDENTS PLANNING THE PERFECT WEEK CAN BE PRETTY EASY, WHILE FOR SOME FIGURING OUT WHERE TO GO AND WHAT TO DO CAN BE A DIFFICULT TASK.

THE HARDEST PART ABOUT PLANNING A TRIP, IS FIGURING OUT WHERE TO GO AND HOW TO SPEND AS LITTLE MONEY AS POSSIBLE, BUT STILL HAVE A GOOD TIME. HERE ARE SOME PLACES TO GO THAT AREN’T AS EXPENSIVE AS YOU MIGHT THINK...

Florida

IF YOU’RE LOOKING TO GO SOMEWHERE WARM AND NEAR SOME WATER, FLORIDA IS ALWAYS A GREAT OPTION, BUT TICKETS RIGHT NOW ARE THROUGH THE ROOF.

-TICKETS RIGHT NOW TO ANYWHERE ARE PRETTY PRICY; MY TIP IS TO PLAN AHEAD. BOOKING YOUR FLIGHT 6 MONTHS IN ADVANCE IS THE BEST OPTION, BECAUSE TICKETS ARE THE CHEAPEST. I KNOW AS COLLEGE STUDENTS WE DON’T DO THINGS TILL THE LAST MINUTE, BUT SAVING $100 OR MORE ON A PLANE TICKET IS $100 YOU CAN SPEND OF SOMETHING ELSE AT YOUR DESTINATION.

Chicago

SAY YOU WANT TO GO TO A BIG CITY, BUT WANT TO STAY CLOSE TO HOME, I’VE HEARD CHICAGO IS THE PLACE TO BE...

-WHETHER YOU WANT TO FLY, DRIVE OR TRAVEL BY TRAIN CHICAGO IS AN AWESOME VACATION SPOT FOR THOSE LOOKING TO BE AROUND LOTS OF PEOPLE AND SHOP AT SOME OF THE HIGHER END STORES.

-CHOOSING TO FLY TO A CLOSER CITY TO YOUR HOMETOWN MEANS CHEAPER FLIGHTS AND SHORTER DELAYS.

-ANOTHER OPTION IS TRAVELING BY TRAIN. MY PARENTS TOOK A TRAIN TO CHICAGO A FEW MONTHS AGO AND ABSOLUTELY LOVED IT. IF YOU’RE WILLING AND PATIENT ENOUGH TO SIT FOR A FEW HOURS, MAYBE SEVEN OR EIGHT, TRAVELING BY TRAIN IS ALWAYS A FUN EXPERIENCE. FOR ONE IT IS VERY CHEAP AND SEEING THE COUNTRYSIDE AS YOU RIDE IS ALWAYS ENJOYABLE.

WHATEVER YOU DECIDE TO DO THIS SPRING BREAK ALWAYS REMEMBER IT’S ABOUT MAKING MEMORIES AND HAVING THE TIME OF YOUR LIFE, BUT ALSO BE SAFE AND DRINK RESPONSIBLY.
WHAT WOULD YOU DO?

iTunes Music Card $50

Colbi Howser
- Taylor Swift's Album $12.99
- Maroon 5 V Album $11.99
- 50 Shades or Grey Trilogy $18.97
- iTtranslate Voice Translator $4.99

CJ Slaughter
- The Dead Ringer (1964) $17.99
- Eyes Wide Shut (1999) $17.99

Casey Lee
- Taylor Swift's Album $12.99
- Netflix App $0.99
- Trivia Crack $2.99
- Sam Hunt Album $9.99
- Eric Church Album $7.99
- Blake Shelton Album $10.99
- Jason Aldean “Just Getting Started” $1.29
- Jake Owen “What We Ain’t Got” $1.29

Want a chance to win a $50 iTunes Card?? Submit what you would buy with a $50 iTunes Card to our Facebook page and the Talon Editorial Team will select the most creative and award the winner a $50 iTunes Card!
As summer ends, fall is right around the corner and thousands of soon to be college students are packing their bags, eager to finally have their first taste of freedom. As the leaves start falling, these students are partying, snacking, pulling all nighters, and about to pack on the infamous Freshman 15.

Although it is called the notorious Freshman 15, this doesn’t necessarily mean you’ll gain 15 pounds. In fact, there is nothing significant about the number 15, it somehow, just kind of stuck. However, this doesn’t necessarily mean that you won’t gain any weight. It could be called the Freshman 5, 10, 20, or 40. Many students gain less than fifteen pounds, while many also gain more than fifteen pounds. And, you’re most likely going to gain weight throughout your entire college career. So, you could possibly even call it the Sophomore 20, Senior 40, etc. But is the dreaded Freshman 15 really inevitable?

It’s all about finding a balance. Between sports, activities, clubs, work, fitness, and diet, skipping out on your diet seems to be the easiest. Sometimes it feels as though there aren’t enough hours in the day, and between school, work, activities, and sports, it seems easiest to grab whatever food is available to move forward with your day.
In college it seems easiest to grab whatever is hot and ready. In between games, in between classes, and even in between studying. And on top of that, let’s face it, a lot of us eat when we’re bored. While many college students seem to gain a few pounds, there are ways to avoid gaining excessive weight. Changing your eating habits and trying to stay active can keep your body healthy and keep you from gaining excess weight. However, changing your eating habits and staying active could make you gain weight too.

“I gained 10 pounds,” Madi Johnson, freshman basketball player, said, “but that’s mainly because I was working out and that was muscle from the weight room.”

“I don’t pick good food,” Robison said, “there was a distinct time where I ate two McDonald’s a day every day for lunch. All bad, but it was cheap and it was good.”

Dixie Robinson, sophomore, saw the effects of being busy, “I didn’t notice when I was a freshman in college, since I was out doing stuff all the time with school and work,” she said, “it wasn’t necessarily that I was eating so much, but what I was eating was so crappy.”

INDEX ROBINSON, SOPHOMORE, SAW
THE EFFECTS OF BEING BUSY, ‘I DIDN’T
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SO CRAPPY.’

It’s easy to eat crappy. It’s been a long and stressful day, and you have to finish your homework, the last thing you want to do is cook a healthy meal. Sometimes crappy is the easiest, and when most of us are broke college students, crappy seems to be the cheapest.
Don’t Be Afraid

Yessica Ramiriez

Being a first year student and stepping into the library can be quite frightening. You don’t know where to go let alone where to sit, and the moment you walk in the doors it seems like all eyes are on you like you’re a witness in a murder trial. The new library can be intimidating, but once you find your way around the place it isn’t too difficult.

Now, let’s start off with me telling you that the library is highly dangerous. No, I’m just kidding. But really...the amount of times I’ve seen this happen and not to mention, experience is uncountable. The furthestmost embarrassing thing that can happen is attempting to pull open a door that is supposed to be pushed or slid.

You’re probably not thinking much of this topic, but all this goes in a sequence of steps. The majority of the doors in the library all have different ways to be opened, so be expecting the “Are you dumb?”, look from the other students around twice or even more times a day. Even when you think no one just watched you pulling a door that specifically says push, there is always someone watching. Sounds creepy but true. Being caught during the moment of failure when the door doesn’t do what you had commanded it to makes you look like a person who can’t read a sign or didn’t just see the person in front open the door.
After the failed attempt, you get pressured and try not to look as stupid as you just did, you finally succeed. What a struggle, am I right? Finally we have that “Oh wait *nervous laugh* I knew that...” and slowly walk into the study room while having all eyes laid upon you. It feels like other students stared right into your soul during the whole process. The good thing is that there is a huge possibility that this happened to everyone on the first day at Avila.

Here’s my advice...

Go to the booths! No door, no struggle. Unless it’s a really sunny day. I don’t think you would want the sun to burn a hole in your forehead.

If you don’t want to look like a fool; let the person before you go first instead of you. Many of us, for example me, basically live in the library. Yet we try to open the door the wrong way on a daily basis.
Sign-language interpreter for the hearing impaired will be available at Friday night’s performance.

FEBRUARY 26–28 AT 8:00 PM
MARCH 1 AT 2:00 PM

STUDENTS FREE!

By

MOIRA BUFFINI

For Mature Audiences

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Sign-language interpreter for the hearing impaired will be available at Friday night’s performance.