

**School of Education**  
**General Long Term Plan – K-12 Physical Education Majors (Even Year)**  
**Total Hours: 147 hours**

Note that this is a sample four-year plan. There are other course sequences that will allow a student to graduate within four years as long as prerequisite courses are taken in the proper sequence with an average of 15-17 hours enrolled per semester. This sample plan does not guarantee course availability, and adjustments to students' plans may be necessary if they are unable to take specific courses during specific semesters. Students who are placed into lower level Math, English, or other prerequisite courses will need to adjust their four-year plans accordingly. Similarly, students who bring in Advanced Placement, Dual Enrollment or transfer credit for courses will need to adjust their four-year plans.

**First Year (Freshman) Fall Semester**

CO 110	Fund of Communication	3
ED 287	Multi Found of ED	3
EN 111	Composition I	3
FS 101	First Year Seminar	1
KN 101	Intro to Kinesiology	3
MA 120	College Algebra	3
	<b>Total Semester Hours</b>	<b>16</b>

**First Year (Freshman) Spring Semester**

BI 111	General Biology w/ lab	4
ED 235	Psych of Except Child	3
ED 366	Consult, Collab & Fam Eng	1
EN 112	Composition II	3
HI 203/204	American History I or II	3
KN 211	Applied Sports Medicine	3
	<b>Total Semester Hours</b>	<b>17</b>

**Second Year (Sophomore) Fall Semester**

ED 184	Intro ED Tech	1
ED 185	Practicum	3
ED 313	Test Prep	1
HE 104	Intro to T'ai Chi Ch'uan	2
KN 236	Measurement & Eval in Kin	3
KN 280	Lifetime Fitness Activities	2
PS 120	Am Nat Government	3
CO 225 OR	Mass Media & Society OR	3
PY 101	General Psychology	3
	<b>Total Semester Hours</b>	<b>18</b>

**Second Year (Sophomore) Spring Semester**

ED 206	Creative Activities & Physical Move	3
ED 322	Lang & Lit in Global Context	3
NS 125	Intro Physical Science	4
BI 220	Anatomy & Physiology	6
	<b>Total Semester Hours</b>	<b>16</b>
<b>Things student must complete by end semester</b>		
Take / Pass MoGEA / Apply for Admit to SOE		

**Third Year (Junior) Fall Semester**

ED 314	Methods of ED Tech	1
ED 315	General Methods	3
KN 271	Exercise & Nutrition	3
KN 295	Motor Behavior	3
	Creativity Pillar Course	3
	Core Literature	3
	<b>Total Semester Hours</b>	<b>16</b>

**Third Year (Junior) Spring Semester**

ED 245	Tests & Measurements	3
ED 309	Physical Education Methods	2
KN 319	Biomechanics & Motor Control	3
KN 381	Exercise Physiology	3
KN 314	Personal Fitness Training	3
IS	IS Course	3
	<b>Total Semester Hours</b>	<b>17</b>
<b>Things student must complete by end semester</b>		
Complete a graduation audit		

**Fourth Year (Senior) Fall Semester**

EC 202	Microeconomics	3
ED 375	Read Strat in Content Areas	3
ED 455	Special Methods: PE Elem	2
ED 229	Develop & Educational Psych	3
KN 418	Clinical Kinesiology	3
KN 480	Sports Instruction	3
	<b>Total Semester Hours</b>	<b>17</b>
<b>Things student must complete by end semester</b>		
Attend FCE Mandatory Meeting / Apply Graduation		

**Fourth Year (Senior) Spring Semester**

ED 419	Manage Learn Environment	3
ED 455	Special Methods: PE Sec	2
ED 381	Health & Safety	1
KN 380	Adapted Physical ED	3
KN 393	Sports Exercise & Psychology	3
IS	IS course	3
IS	IS course	3
	<b>Total Semester Hours</b>	<b>18</b>
<b>Things student must complete by end semester</b>		
Apply for FCE / Pass MoCA / Sub license		

**Fifth Year Fall Semester**

ED 494	FCE Seminar	2
ED 495	FCE	10
	<b>Total Semester Hours</b>	<b>12</b>
<b>Things student must complete by end semester</b>		
Certification Appointment		