

Avila University-School of Education Physical Education Degree Requirements

Below are the degree and teacher certification requirements for students who want to teach physical education at the K-12 level. **Students will major in Physical Education.**

- Minimum of 120 credit hours are needed to graduate
- Italicized courses will double dip to meet a core requirement, major related requirement, education requirement, or certification requirement.
- All education majors and minors must take and pass the Missouri Gateway Education Assessment (MoGEA) and the Missouri Content Exam (MoCA)

AVILA UNIVERSITY CORE REQUIREMENTS

FOUNDATION COURSES			
CO 110	Fundamentals of Communication	3 hours	
EN 111	Composition I-Rhetorical Discourse	3 hours	
FS 101	First Year Seminar	1 hour	
<i>MA 120</i>	<i>College Algebra</i>	3 hours	
PILLARS (SEE CATALOG FOR SPECIFIC COURSES)		ACQUIRE & TRANSFORM LEVELS	CONTRIBUTE LEVEL
Social Justice and Civic Life		24 hours – at least 6 hours from each pillar. The majority of these are met through the major related requirements.	6 hours combined Met through ED 495 Final Clinical Experience.
Creativity and Culture			
Belief and Reason			
Exploration of Nature			
CORE COMPONENT DESIGNATIONS			COURSES THAT MEET REQUIRE
Global Studies (GS)		9 hours	ED 287, ED 322 KN 295
Interdisciplinary Studies (IS)		9 hours	
Civic Engagement (CE)		3 hours	ED 315

Transfer students

The number of hours required for Core Component Designations are based on the number of transfer credits.

- **Less than 30 credits:** Same requirements as first-year students
- **30-59 credits:** Must complete 6 credits of GS, 6 credits of IS, and 3 credits of CE
- **Associates degree or 60+ credits:** Must complete 3 GS credit hours, 3 IS credit hours, 3 CE credit hours, plus 3 additional credit hours of the student's choice from IS, GS, or CE

PHYSICAL EDUCATION DEGREE REQUIREMENTS

MAJOR RELATED / CERTIFICATION REQUIREMENTS		
American History Course		3 hours
HI 203	American Experience I OR	
HI 204	American Experience II	
American National Government		3 hours
PS 120	American National Government	
Biology Course with Lab		4 hours
BI 111	General Biology: Cells and Genes w/lab	
Composition Course		3 hours
EN 112	Composition II – Rhetorical Argument	
Economics Course		3 hours
EC 202	Microeconomics	
Literature Course		3 hours
EN	CORE Literature Course	
Mathematics Course		3 hours
MA 120	College Algebra	

Physical Science		4 hours
NS 125	Introductory Physical Science	
Choose One of the following		
CO 225	Mass Media and Society	3 hours
PY 101	General Psychology	3 hours

EDUCATION COURSES		
ED 184	Introduction to Educational Technology	1 hour
ED 185	Practicum	3 hours
ED 206	Creative Activities and Physical Movement	3 hours
ED 229	Developmental and Educational Psychology	3 hours
ED 235	Psychology of the Exceptional Child	3 hours
ED 245	Tests and Measurements	3 hours
ED 287	Multicultural Educational Foundations	3 hours
ED 314	Methods and Educational Technology	1 hour
ED 315	General Methods and Differentiated Learning	3 hours
ED 322	Language and Literacy in the Global Context	3 hours
ED 366	Consultation, Collaboration and Family Engagement: Middle / Secondary	1 hour
ED 375	Reading Strategies and Interventions in the Content Areas	3 hours
ED 419	Managing the Learning Environment	3 hours
ED 455	Special Methods: Physical Education Elementary	2 hours
ED 455	Special Methods: Physical Education Secondary	2 hours
ED 494	Final Clinical Experience Seminar	2 hours
ED 495	Final Clinical Experience	10 hours

PHYSICAL EDUCATION COURSES REQUIRED FOR STATE CERTIFICATION		
History and Philosophy		
KN 101	Introduction to Kinesiology	3 hours
Anatomy & Physiology		
BI 220	Human Anatomy and Physiology	6 hours
Kinesiology		
KN 319	Biomechanics & Motor Control	3 hours
Physiology of Physical Education		
KN 381	Exercise Physiology	3 hours
Assessment in Physical Education		
KN 326	Measurement & Evaluation in Kinesiology	3 hours
Health Related Fitness / Wellness		
KN 280	Lifetime Fitness Activities	2 hours
Choose one from the following five:		
DA 110	Basic Tap	2 hours
DA 111	Jazz Techniques	2 hours
DA 112	Modern Dance Techniques	2 hours
DA 114	Ballet	2 hours
Adapted Physical Education		
KN 380	Special Topics: Adapted Physical Education	3 hours
Psychological / Sociological Aspects of Physical Education		
KN 393	Sports Exercise and Psychology	3 hours

Motor Development / Motor Learning		
KN 295	Motor Behavior	3 hours
First Aid, CPR, and Care of Activity/Sports Injuries		
KN 211	Applied Sports Medicine	3 hours
KN 418	Clinical Kinesiology	3 hours
Movement and Rhythms		
ED 206	Creative Activities and Physical Movement	3 hours
Team / Individual Sports Instruction		
KN 480	Special Topics: Sports Instruction	3 hours
Instructional Techniques in PE K-12		
ED 309	PE Methods	2 hours
ED 455	Special Methods: Elementary PE	2 hours
ED 455	Special Methods: Secondary PE	2 hours
Nutrition (choose one)		
HE 111	Nutrition	3 hours
KN 271	Exercise & Nutrition	3 hours