



AVILA CHEERLEADING  
JUNE 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Practice 8am-12pm	1	2	3	4	5	6
7	8	9 Melissa B-Day	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27 Practice 8am-4pm CAR WASH
28 Practice 8am-Noon	29	30				



AVILA CHEERLEADING  
July 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22 Boot Camp	23 Boot Camp	24 Boot Camp	25 Boot Camp CAR WASH
26 Boot Camp	27	28 Anni's B-Day	29	30	31	



**CHEER**

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**AVILA CHEERLEADING**

August 2009



**CHEER**

						1
2	3 Southeast Regionals	4	5	6 KC Regionals Lee's Summit North	7 KC Regionals Lee's Summit North	8
9	10	11	12	13	14	15 Move In!!! Parents Meeting 6:00pm
16 Practice 2-6 pm	17 UCA Camp 8am-6pm	18 Practice 7:30-10AM 3:30-7PM	19 Practice 9:30-12AM 3:30-9PM	20 Practice 7:30-10AM 3:30-7PM	21 Practice 9:30-12AM 3:30-9PM	22 CAR WASH Hyvee 10-4
23 Pictures 2:00PM Practice After pics till 5pm	24 Freshman Orientation 8am-4pm Practice 7:30-10PM	25 Freshman Orientation 8am-4pm Practice 5-8PM	26 School Starts! Practice 5:30-8:30pm	27 Practice 5:30-8:30pm	28 PEPRALLY Start 6PM	29 Football Bowl Game Platte County Starts at 1PM



**CHEER**

**AVILA CHEERLEADING**  
**September 2009**



**CHEER**

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

30	31 Practice 5:30-8:30PM	1	2 Practice 8:30-10pm	3	4 Practice 3:30-6pm	5
6	7 LABOR DAY	8	9 Practice 8:30-10pm	10	11 Practice 3:30-7pm	12 PDK WALK MORNING
13 Practice 3:30-7pm	14 Tumbling 8:00-10:00	15	16 Practice 8:00-10PM	17	18 Practice 5:30-9PM	19 AU vs BAKER 6PM Start
20 UCA SPIRIT SPREADER 8AM-6PM	21 Tumbling 8:00-10:00	22	23 Practice 7:30-10PM	24	25 MORNING 6-8AM	26
27 Practice 7:30-10PM	28 Tumbling 8:00-10:00	29	30 Practice 7:30-10PM			



**AVILA CHEERLEADING**  
October 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 EAGLE MADNESS!!! 4:00 on the floor!	3 Homecoming! LINDENWOOD – 1pm Start
4 Practice 3:30-7pm	5 Tumbling 8:00-10:00	6	7 Practice 8-10PM	8	9 MORNING 6-8AM	10
11 Practice 7:30-10PM	12 Tumbling 8:00-10:00	13	14 Practice 5-8pm	15 Practice 5-10pm	16 Practice 6:00-8:00pm	17 Home Game Graceland – 1pm
18 Practice 8AM-4pm	19 Tumbling 8:00-10:00	20	21 Practice 8-10pm	22	23 Practice 5:30-10pm	24 Practice 10am-6pm
25 Last Day to Tape! 8am-4pm	26 Tumbling 8:00-10:00	27	28	29	30	31 Home Game Evangel 1pm start



**AVILA CHEERLEADING**  
November 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 GAMES WBB Start 5:30 MBB Start 7:30	3 VIDEO DUE!	4 Practice 5:30-8:30pm	5	6 Practice 5:30-8PM	7
8 Practice 7:30-10pm	9 Tumbling 8:00-10:00pm	10 BRITTANY IS DUE!!!	11 Practice 7:30-10pm	12	13 Practice 5:30-8:30PM	14 AU vs MV Start 1pm WBB Start 5:30
15 Practice 3:30-7pm	16 Tumbling 8:00-10:00pm	17	18 Practice 7:30-10:00pm	19	20 3:30-6pm	21
22 FCCJC 8am-8pm	23 Tumbling 8:00-10:00pm	24	25	26 Happy Turkey Day!!	27	28
29 Recruiting Fair 8am-4pm	30 Tumbling 8:00 – 10:00pm					



**AVILA UNIVERSITY**  
December 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Practice 7:30-10:00pm	3	4 5:30-9:00pm	5 WBB 2PM MBB 4PM
7	8 Practice 7:30-10:00pm	9	9 Practice 7:30-10:00pm	10	11 5:30-9:00pm	12 WBB 2PM MBB 4PM
13 Practice 5:30-9pm	14 Open Gym 6-10pm FINALS	15 FINALS	16 FINALS HYVEE Shootout	17 FINALS HYVEE Shootout	18 FINALS HYVEE Shootout	19 FINALS HYVEE Shootout
20	21	22	23	24	25 MARRY CHRISTMAS!!!	26

27 PRACTICE	28 PRACTICE	29 PRACTICE	30 PRACTICE	31 PRACTICE		
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**AVILA CHEERLEADING**  
January 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 PRACTICE	2 PRACTICE
3 PRACTICE	4 PRACTICE	5 PRACTICE	6 PRACTICE	7 PRACTICE	8 PRACTICE	9 PRACTICE
10 PRACTICE	11 PRACTICE	12 PRACTICE	13 PRACTICE	14 NATIONALS	15 NATIONALS	16 NATIONALS

17	18	19	20	21	22	23
NATIONALS	NATIONALS	SCHOOL STARTS!!!				
24	25	26	27	28	29	30



AVILA CHEERLAEDING  
February 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	3	4	5	6	7
8	9	10	11	12	13	14 Conference

15	16	17	18	19	20	21 Mini Clinic
22	23	24 Open Gym 8-10pm	25	26 MBB/WBB 5:30/7:30 Senior Night	27	28



**CHEER**

**AVILA CHEERLEADING  
March 2009**



**CHEER**

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

1	2	3	4 Exit Interviews	5 Exit Interviews	6 Exit Interviews	7
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8 End of Year Party Old Chicago 4pm	9	10	11	12 Open Gym 6pm-8pm	13	14
15	16	17	18	19	20	21
22	23	24	25	26 Open Gym 6pm-8pm	27	28
29	30	31				



**AVILA CHEERLEADING**  
April 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 Tryouts	4 Tryouts
5 Tryouts	6	7	8	9	10	11
12 Easter	13	14	15	16 Open Gym 6pm-8pm	17 Awards Banquet – 7pm	18
19	20	21	22	23	24	25
26 Open Gym 1pm-4pm	27	28	29	30		



AVILA CHEERLEADING  
May 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Tryouts	2 Tryouts
3 Stunt Fest	4	5	6	7	8	9
10 Open Gym 1pm-4pm	11 Brittany's B-Day! FINALS	12 FINALS	13 FINALS	14 FINALS	15 FINALS	16 Graduation
17	18	19	20	21	22	23
24	25	26	27	28	29	30 Practice 8am-4pm CAR WASH